CAE

CAE MELBOURNE FLIGHT TRAINING

Aviation Medical Guide for Future Commercial Pilots

Start your pilot career the right way.

About CAE Melbourne Flight Training

Originally established in 1968 as General Flying Services, then later acquired by Canadian Aviation Electronics Ltd (CAE) in 2011, before CAE became a joint venture shareholder with CAE Melbourne in 2014. We were the first training centre in Victoria to gain CASA (Civil Aviation Safety Authority) approval to deliver Part 142 training and to implement certified Multi-Crew Cooperation (MCC) training. CAE Melbourne Flight Training now has an extensive history of training pilots for Australian Universities, general aviation, and major airline customers from the Australian and Asia-Pacific region.

With over 100 experienced staff, including CASA Flight Examiners, we train cadets from major airlines, general aviation, and universities across the Asia-Pacific region. Our airline partners include China Eastern Airlines, Jetstar, Air Asia, Qantas, IndiGo and Tigerair, among others.

CAE | Melbourne

30+ years of airline cadet training experience

We offer efficient, high-quality training designed for airline careers. All training takes place in a multi-crew environment that mirrors airline operations. Some students complete their Private Pilot Licence within just 3 months of arrival.

中國東方航空 CHINA EASTERN · Jetstar · AirAsia · IndiGo · tigerair · QANTAS

Start Your Pilot Career the Right Way

If you are planning to become a commercial pilot, obtaining a CASA (Civil Aviation Safety Authority) Medical Certificate is a key early requirement.

This certification confirms that you meet the medical standards required to safely operate aircraft in a professional environment.

While you may begin initial training with a Class 2 medical, **a valid Class 1 Medical Certificate is required before your Commercial Pilot Licence flight test.**

CASA sets medical requirements for aircraft pilots and air traffic controllers:

- Class 1 medical - required for Commercial Pilot Licence (Year 2), renewed annually
- Class 2 medical - required for Private Pilot Licence (Year 1), valid 4 years if aged <40 years

Examinations must be undertaken by an approved practitioner.

- Designated Aviation Medical Examiners (DAMEs)
- Designated Aviation Ophthalmologists (DAOs)

Current list of approved practitioners is available on CASA's website: https://www.casa.gov.au/search-centre/aviation-medical-contacts

As of 2nd March 2026, options are available in Hong Kong SAR, China, Mainland China, Malaysia, Singapore, Thailand, India, and many other countries and territories.

Class 1 Medical Certificate

A Class 1 Medical Certificate is required for pilots pursuing:

- Commercial Pilot Licence (CPL)
- Air Transport Pilot Licence (ATPL)
- Multi-Crew Pilot Licence (MPL)

It is typically valid for 12 months and must be renewed in accordance with regulatory requirements.

The following tests are typically required as part of the assessment:

- ECG
- Audiogram
- Fasting lipids and glucose test, and
- An eye examination

Additional testing may be required depending on your medical history.

Class 2 Medical Certificate

Student pilots learning to fly must have at least a Class 2 medical certificate before they can fly solo.

Class 2 medical certificates are valid for:

- 4 years if you are under 40 years on the day of your medical examination
- 2 years if you are over 40 years

Plan Ahead

CAE Melbourne Flight Training strongly recommends that all prospective students obtain a Class 1 Medical Certificate prior to course commencement, this ensures:

- Early confirmation of medical eligibility
- Reduced risk of training disruption
- Avoidance of unnecessary financial commitment

Application Process

1. Create an account with myCASA

To apply for a medical access the CASA Medical Records System (MRS), MRS is accesses through the myCASA portal. https://my.casa.gov.au

2. Complete Your Application

Submit your:

- Medical history
- Current and past conditions
- Medications

3. Payment

Pay the CASA medical application fee
(Note: DAME consultation fees are separate)

4. Book Your Medical Examination with a DAME or DAO

Find an examiner:
https://www.casa.gov.au/licences-and-certificates/aviation-medicals/get-your-medical-certificate/medical-and-eye-examiners

5. Attend Your Appointment

What to bring with you:

- Identification
- Relevant medical reports or test results

6. Assessment Outcome

Your certificate will be:

- Issued, or
- Referred for further review by CASA

Create Account → Complete Application → Pay Fees to CASA → Book Your Appiontment → Attend Your Appiontment → Assessment Outcome

Further Information

If You Have Medical Conditions

Each application is assessed individually by CASA. Certain conditions may require:

- Specialist medical reports
- Ongoing monitoring
- Additional certification requirements

Relevant conditions include:

- Vision and eyes
- Psychiatric and psychological conditions – e.g., mood disorders, anxiety, phobias, personality disorders, PTSD, etc.
- Neurodevelopmental conditions – e.g., dyslexia, ADHD, autism spectrum disorder
- Sleep disorders – especially obstructive sleep apnoea, narcolepsy, excessive daytime sleepiness
- Neurological conditions – e.g., epilepsy, Parkinson's, multiple sclerosis, cerebral palsy,
- TBI (past concussions), blackouts
- Diabetes
- Musculoskeletal conditions (acute or chronic)
- Hearing
- Substance misuse

CASA Medical Processing Timeframes

Standard processing time: up to 20 business days.
Timeframes may vary depending on:

- Completeness of application
- Additional testing requirements
- Specialist report submissions

Take the Next Step

Obtaining your CASA Medical Certificate is a critical milestone in your journey to becoming a commercial pilot. By planning ahead and completing your medical early, you can progress into training with confidence and clarity.

For further details on the CASA Medicals, visit the CASA website:
https://www.casa.gov.au/licences-and-certificates/aviation-medicals

Starting with the right preparation ensures a smooth pathway into your flight training and long-term aviation career.

One CAE.
Infinite possibilities.

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